

## Care Home Diary

This is a summary of the Care Home daily record made available in the IRP review package. Not every day is listed, only those where carers felt it necessary to record more than the general regime events at the Home.

- 5-9-98 Not weight bearing and very difficult to dress and transfer
- 6-9-98 Very confused as to what she should be doing with food and drinks
- 7-9-98 Asked to go to bed at 7.30pm
- 9-9-98 Transferred to armchair as she is very uncomfortable in a wheelchair all day.
- 17-9-98 Tries to get up out of her recliner chair, slides forward and ends up on the footrest
- 24-9-98 Pressure area on left shoulder, also scratching herself all over at night; reddish marks on arms and legs which come and go. When seated keeps wriggling forward all the time
- 25-9-98 Dr visit; did not think fidgeting due to pain or discomfort
- 26-9-98 Seems to be in pain, when asked Agnes says 'didn't want to be a burden'. Fell out of chair again.
- 9-10-98 CoCodamol prescribed for her knees instead of paracetamol
- 27-10-98 Putting too much food in her mouth at breakfast; ends up spitting her food back on to the table
- 2-11-98 Putting too much food in her mouth at breakfast; ends up vomiting at the table; needs small portions only
- 3-11-98 Putting too much food in her mouth at breakfast; ends up vomiting; needs small portions only
- 7-11-98 Legs swollen this evening
- 18-11-98 Putting too much food in her mouth
- 19-11-98 Putting too much food in her mouth
- 21-11-98 Very confused this evening; asking for her mother and talking to objects. Not eaten much.
- 22-11-98 Still very confused; difficult to understand. Ate no breakfast or lunch. Co-ordination is very poor. Kept falling asleep.
- 23-11-98 Asleep most of the morning at the breakfast table
- 26-11-98 Sat in dining room this morning and said she was 'watching the world go by'
- 12-12-98 Putting too much food in her mouth; ends up vomiting; then tried to eat the vomit causing more sickness.
- 16-12-98 Putting too much food in her mouth
- 21-12-98 Unwell this afternoon, went to bed at 4pm.
- 28-12-98 Shouting out whilst in wheelchair thinking she is falling
- 30-12-98 Confused and quiet this evening
- 1-1-99 Staring at the wall, talking to the table as if it's her sister
- 2-1-99 Not herself at all, leaning left all day; no co-ordination when drinking.
- 3-1-99 Edged out of wheelchair and ended up on the footrest
- 6-1-99 Very confused this evening, leaning to the left
- 7-1-99 Leaning left, not eating very well
- 10-1-99 Happy and singing to herself
- 12-1-99 Confused; not eating very well
- 27-1-99 Confused this evening; talking to the wall and feeding the wall; asked to go to bed early
- 30-1-99 Confused this evening; talking to the wall; leaning to the side of her wheelchair, thinks she is falling. Reassured on a couple of occasions.
- 2-2-99 Sick this morning
- 19-2-99 A bit weepy today
- 16-3-99 Very confused this morning and sleeping at the table. Went to bed after lunch
- 21-2-99 Leaning to the side all day; confused, talking to the wall all day. Co-ordination poor
- 27-2-99 Crying all through tea tonight but when asked, didn't know why
- 18-3-99 Asleep at the table most of the morning; talking to the wall and reaching for objects that aren't there.
- 23-3-99 Asleep at the table most of the morning
- 4-4-99 Chatting with the wall this afternoon; happy; still chatting when she went to bed
- 18-5-99 Sore broken area on left hip
- 19-5-99 Right hip and shoulder very sore
- 28-5-99 Sore in places because of her itching
- 6-6-99 Very upset this morning, calling for her mother; much better after breakfast
- 23-6-99 Kept falling asleep over lunch; a bit tearful in afternoon
- 16-7-99 Sick overnight, vomit was dark red coloured. She complained she was in pain and seemed very stiff. Sleepy
- 12-8-99 Very tearful; hand very swollen and painful. Shuffled out of wheelchair on to footrests

16-8-99 Right hand very swollen  
17-8-99 Right hand still swollen  
19-8-99 Doctor advised swollen hand due to osteoarthritis...elevate arm as necessary  
2-9-99 Sick after lunch  
5-9-99 Tearful this afternoon  
15-9-99 Piriton tablets reduced to one a day at bedtime  
15-10-99 Cataract diagnosed by optician  
17-10-99 Playing with dominoes...carer found she had put some in her mouth and was choking.  
6-11-99 Found a domino in her mouth  
11-12-99 Not very well this afternoon  
25-12-99 Had a coughing fit when put to bed and was very sick  
5-1-00 Has been sick in bed in the night; very sleepy and unwell  
26-2-00 Had a chest infection; prescribed antibiotics  
17-3-00 Had a lot of card material stuck in her false teeth  
2-5-00 Had a mouth full of pork chop that she was unable to eat.....meat was too hard for her  
27-5-00 Very tearful at lunch calling for her mother. Gave reassurance  
12-6-00 Sick at lunchtime  
21-7-00 Had a mouthful of chicken she couldn't swallow  
11-8-00 Sick at dinner table  
21-9-00 Sick at dinner table and sick again in her bedroom  
9-12-00 Sick after tea  
10-12-00 Not eating very well, very little during the day  
12-1-02 After tea was very fidgety and distressed leaning over to the right.  
23-1-01 Headache and tummy ache  
27-1-01 Very distressed after lunch, leaning forward and crying. Better after sleep in bed  
12-2-01 Leaning forward a lot; sweating; very distressed, not feeling well.  
22-2-01 Not feeling well after tea; very hot; leaning to the left  
26-4-01 Sleepy and unwell most of the afternoon  
28-4-01 Accidentally rolled off the bed; head was cut so taken to hospital. 2 staples were inserted  
5-5-01 Staples removed  
10-6-01 Leaning forward and very distressed. Helped to bed in afternoon  
29-6-01 Leaning forward and very hot  
8-7-01 Leaning forward and quite clammy  
20-7-01 Leaning forward a lot. Legs seem to be stiffer and has a job to straighten her legs in bed  
22-7-01 Stayed in bed all day  
6-8-01 Leaning forward most of the day and seemed to be in pain. Had some difficulty in swallowing her tea, coughing and choking after nearly every mouthful  
9-8-01 Doctor examined her but could find no inflammation or tenderness in the stomach area  
15-9-01 Fell out of wheelchair when trying to get hold of a door handle. Slight bump on her head  
16-9-01 Very sick after lunch  
Generally getting sore groins, pressure areas; eye watering and discharging; teeth and gums bleeding and very tired sometimes needing bed rest during day or early night, often sleeping late, some pressure sore areas requiring ointment, Sleeping well at night. Having regular hairdressing, hair washed and set, manicures and chiropody. Being taken for walks in wheelchair, sitting in the garden, coffee in the pub and enjoying activities in the lounge, games, singers, videos, watching TV, BBQ's etc. Seems quite happy and generally cheerful from September 2001 onward. Monitoring of bowel movements seems only issue for months.  
25-6-02 Not very well in afternoon; rest on bed  
1-7-02 Grabbed cup of tea and spilt it down her left side  
11-7-02 Blister on her left hip....has been very hot in bed at nights  
13-7-02 Blisters weeping  
20-7-02 Blisters healed and dressings removed  
24-7-02 Not very well; leaning forward and very sleepy  
27-7-02 Very tense and rigid...seemed in pain? Bed at 6.30pm  
7-8-02 Very rigid, seems in pain  
23-8-02 Large bruise on arm, arm swollen and hot.  
28-8-02 Leaning a lot to the right, pillow for support; appears stressed.  
30-8-02 Lost a tooth?

12-9-02 Dentist examined her teeth; said teeth had broken rather than fallen out. Nothing unpleasant happening but if she was in discomfort he could do some minor dentistry to help

13-10-02 Had food in her mouth that she couldn't remove

15-10-02 Unwell this afternoon, tired and pale; some bleeding from gums.

16-10-02 Not very good today; sleepy and in some discomfort

17-10-02 Unwell; sleepy

18-10-02 Very quiet

19-10-02 I was phoned by carer; concerned about her health

23-10-02 Pip Davis from St.Elizabeth Hospice visited. Suggested to Dr.Hayge that CoCodamol stopped and Oramorph (morphine) started. Air mattress for bed; monitor bowel, pain and swallowing every 2 hrs

30-10-02 Syringe driver started; hospice nurse

31-10-02 A bit more sedative; hospice nurse

5-11-02 Foot turning blue

6-11-02 Passed away